



## Would you like to have a say in shaping the future of Norfolk's Drug & Alcohol System?

### Your Voice Matters!

#### We want to hear your experiences

We want you to help shape the future of the drug and alcohol system in Norfolk. We are looking for people who have engaged with support as well as those who haven't, and their friends and families.

This research is being led by a team of people who have experience with recovery from substance misuse. We are passionate about helping to shape the future of the system and want you to join us.

#### What's involved?

You can share your experiences by talking to a researcher or joining a small group discussion. We can meet you face to face, online, or talk on the phone.

#### Want to Learn More?

For an informal chat contact us at:

 [Jamie-Barnes@together-uk.org](mailto:Jamie-Barnes@together-uk.org)

 07521 430272

Or visit [www.together-uk.org](http://www.together-uk.org) for more details

