

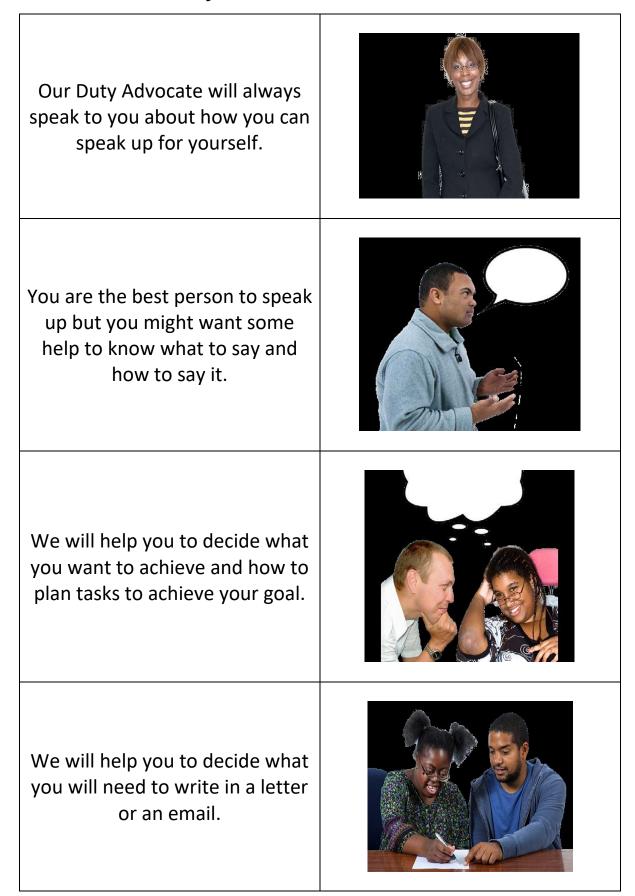


SELF ADVOCACY SKILLS EASY-READ GUIDE

Together for Mental Wellbeing 52 Walnut Tree Walk London SE11 6DN Tel: 020 7780 7300



What is Self Advocacy?



We believe that you are smart and able to get the outcome you need. You can contact us to tell us how you are getting on or if you need help to understand any letters you receive.



We believe that you are able to make phone calls with confidence. We will help you to believe this too.

