



INDEPENDENT MENTAL HEALTH ADVOCATE EASY-READ GUIDE

Together for Mental Wellbeing 52 Walnut Tree Walk London SE11 6DN Tel: 020 7780 7300 www.together-uk.org



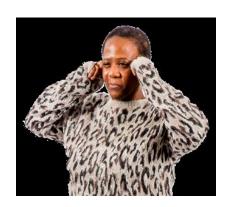


What is an Independent Mental Health Advocate?

Our Advocate is called an Independent Mental Health Advocate



Your Advocate can help you when you are in hospital getting treatment for Mental Distress.



Your Advocate can help you to understand your rights



And help you to understand why you are getting treatment





The Advocate will help you to tell Doctors and Nurses what you do want and what you don't want.



The Advocate will help you to understand what meetings are about.



Your Advocate will help you to complain if you are unhappy about your treatment

