

**ANNUAL REPORT  
AND FINANCIAL  
STATEMENTS**

**2017/18**

Together for Mental Wellbeing  
52 Walnut Tree Walk  
London SE11 6DN  
Tel: 020 7780 7300  
**[www.together-uk.org](http://www.together-uk.org)**

Charity Registration number: 211091  
Company Registration number: 463505

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## LEGAL AND ADMINISTRATIVE INFORMATION

<b>Charity name</b>	Together for Mental Wellbeing
<b>Registered name</b>	Together for Mental Wellbeing
<b>Charity registration number</b>	211091
<b>Company registration number</b>	463505

**Registered office** 52 Walnut Tree Walk, London, SE11 6DN  
Tel 020 7780 7300  
Fax 020 7780 7301  
Email [contact-us@together-uk.org](mailto:contact-us@together-uk.org)  
Website [www.together-uk.org](http://www.together-uk.org)

### TRUSTEES

Carol Cole	Chair
John Banks	Honorary Treasurer
Helen Davies	
Alison Faulkner – resigned 11.10.18	
Lisa Goodwin	
Mark Hardcastle	
Sridevi Kalidindi – resigned 14.02.18	
Beth Lawton MVO	
Annette Majekodumi – resigned 29.08.17	
Keith Marsden	
Chris Munday – resigned 13.09.18	
Carole Murray	
Zaidee O'Dell – resigned 17.10.17	
Kim Radford	
Jenny Reynolds	
David Shakespeare	
Ben Thomas	
Edward Weiss – resigned 17.10.17	

**COMPANY SECRETARY** Linda Bryant

### CORPORATE MANAGEMENT TEAM

Linda Bryant	Chief Executive
Liz Felton	Chief Executive – resigned 07.04.2018
Angela Newton	Director of Service User Involvement
Cashain David	Director of Operations and Development – resigned 07.08.2018
Anne Oates	Director of Resources – resigned 31.12.2017
Andrew Warren	Director of Operations and Development
Sarah Thompson Turvey	Interim Director of Operations and Development
Dee Anand	Interim Director of Criminal Justice
Yvonne Shell	Interim Director of Criminal Justice
Liam Cole	Head of Human Resources
Richard Eley	Interim Director of Resources – resigned 23.08.18
John Scarisbrick	Interim Director of Resources
Steve Powter	Head of Business Development
Rizwana Umarji	Interim Head of Quality Improvement

### AUDITORS

haysmacintyre, 10 Queen Street Place, London. EC4R 1AG

### BANKERS

National Westminster bank Plc (RBS), 20 Dean Street, London W1A 1SX  
Lloyds Banking Group PLC, 25 Gresham Street, London EC2V 7HN

### SOLICITORS

Trowers and Hamlins, 3 Bunhill Row, London EC1Y 8YZ

## INTRODUCTION FROM THE CHAIR

**I am pleased to present our Annual Report and Accounts for 2017-18. The Trustees' report and accounts which follow provide a full summary of the year's activity.**

I was delighted to be appointed to the role of Chair of the Board of Trustees of Together for Mental Wellbeing in October 2017 and am greatly looking forward to working with the Board and senior management team to oversee the next phase of Together's mission to support people experiencing mental health issues to lead fulfilling and independent lives. Together remains a leading charity in the sector, working tirelessly to transform people's lives, and it is a privilege to be the Chair of such an organisation.

Since my appointment, I have been visiting some of our services to learn more about Together's work and to meet staff and service users. I look forward to continuing this programme of visits during my tenure.

In March 2018, Liz Felton, Together's Chief Executive, stepped down from her role after over 11 successful years leading the charity. Liz had been Together's Chief Executive since 2006, and during that time provided clear and thoughtful leadership to our organisation, particularly through a tough landscape for the mental health and charity sectors that continues today. Under Liz's leadership, Together successfully launched multiple new services across England, won numerous awards for our pioneering work and, most importantly of all, helped support tens of thousands of people experiencing mental health issues to progress on their recovery journey. I would like to put on record my thanks for the welcome Liz gave me as the new Chair and for her leadership as Chief Executive. On behalf of the organisation, I congratulate Liz on her many achievements during her time with Together and wish her the very best in her future endeavours.

Following Liz's decision to step down, Linda Bryant (previously Director of Criminal Justice) was appointed as Interim Chief Executive after an internal recruitment exercise. In May 2018, after a thorough and rigorous recruitment process involving internal and external candidates, we were delighted to confirm Linda as our new, permanent Chief Executive.


Linda has been a member of our senior management team for the last four years. She has been a dedicated member of staff at Together for 16 years, having originally joined the organisation as a frontline practitioner, and has a 25-year history of working in the voluntary and community sector overall. She is an enthusiastic and passionate voice for the work of Together, who will continue to advocate for service user involvement in everything we do as an organisation. On behalf of the Board, I would like to take this opportunity to congratulate Linda and welcome her to her new role. I am looking forward to working with her to build on Together's strengths and successes.

We were also pleased that some new trustees joined the board during the year, including Professor Ben Thomas and Mr Chris Munday. Ben is Professor of Mental Health and Learning Disabilities at the School of Health and Social Care, London South Bank University, and is Expert Adviser for Mental Health and Patient Safety at NHS Improvement. Chris is Executive Director of Operations at Hanover Housing, as well as being an appointee to the board of Chapter One. It is good practice to refresh the board with new trustees so that we are constantly learning and developing and thereby enhancing our effectiveness. Four members of the Board stepped down in 2017/18: our previous Chair, Edward

Weiss, Annette Majekodunmi, Zaidee O'Dell, and Sridevi Kalidindi. I would like to thank them all for their dedicated service to Together.

As well as having a new Chief Executive and new Trustees, we have been working with Cass Business School's Centre for Charity Effectiveness to review and assess our board effectiveness, as well as begin to shape our next five-year strategy. In particular, we have been strengthening our internal governance arrangements in line with Charity Commission good practice. This is very timely, given the various recent news stories concerning some major organisations in the charity sector. As always, our number one priority is the safety and wellbeing of the people we support, our staff and our volunteers; and we want to ensure that our governance procedures continue to enshrine this.

The past year has therefore been a busy but productive time for the charity. I would like to take this opportunity to thank all our staff and volunteers at Together, as well as my fellow Trustees, for their dedication and commitment to our mission and to the thousands of services users whom we have been privileged to work alongside.

A handwritten signature in dark ink, reading "Carol Cole". The signature is written in a cursive style with a horizontal line underneath the name.

Dr. Carol Cole

Chair of the Board of Trustees

## CHIEF EXECUTIVE'S REPORT

I was delighted to be appointed as the Interim Chief Executive at Together for Mental Wellbeing in March 2018, and again upon my confirmation as the new, permanent Chief Executive in May 2018. On behalf of our senior management team and all staff at Together, I would like to extend my sincere thanks to Liz Felton, Together's previous Chief Executive, for her 11 years of service to the organisation.

As Together's new Chief Executive, it is my pleasure to welcome Dr. Carol Cole as our new Chair of the Board. Carol was appointed in October 2017, after an extensive recruitment process, and brings great experience and expertise to Together, having been involved in the leadership, design and delivery of strategic change throughout her career. Carol originally trained as a clinical psychologist in mental health and community care, becoming a Visiting Fellow at the King's Fund and Head of Health at the Office for Public Management, before establishing her own successful consultancy practice in organisation development and change management.

Carol brings extensive experience of systemic change, strategy and governance, applying psychology to enhance business and leadership effectiveness. I am delighted to be working with her to take Together onto the next stage of its growth and success.

I would also like to thank Anne Oates, our previous Director of Resources, who stepped down from her role in December 2017 after over 11 years at Together, and to welcome Richard Eley as Interim Director of Resources. Richard is a graduate qualified Chartered Accountant who has been a Board-level Finance Director for 27 years in the charity, health and university sectors, and we look forward to working with him whilst the recruitment of a permanent Director of Resources is underway.

During the year, we sold our national office on Old Street in London, as the building was no longer fit for our purpose. In March 2018, we made an offer on new premises in Lambeth North, London, and in April 2018 were pleased to secure our new national office at Walnut Tree Walk. At the time of writing, the building is being fitted out to meet our requirements and we will be moving into the premises in early July 2018. Walnut Tree Walk's greatly improved, modern, pleasant facilities will benefit our staff, volunteers, service users and visitors, and is in line with our aspiration to remain an important, national presence within the sector.

This year we also began our strategy review, which will continue throughout 2018/19, to enable us to develop an ambitious and effective five-year plan to guide us through 2019-2024. I would like to thank all staff, volunteers, Trustees and service users who have so far shared their valuable insight and ideas with us through the strategy consultation, and I am looking forward to launching our new strategy in 2019.

Service user involvement and leadership has continued to be at the heart of everything we do. This year, we started our involvement in the independent review of the Mental Health Act, through supporting service users affected by this legislation to share their experiences via organised focus groups. Our internal grants scheme, which funds service user involvement initiatives across Together, has supported a range of diverse projects this year which have benefitted 176 service users. Our peer support offer has also expanded, and a survey of the people who received peer support revealed that 84% of respondents reported an improved ability to manage their mental health, with 82% feeling more hopeful about the future.

The rollout of our new case management system, Lumis, is now well underway and we look forward to seeing the benefits and improved efficiency this brings to staff, service users and the organisation as a whole.

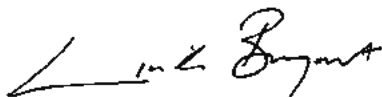
2017/18 has brought many successes and also some challenges for Together. We have launched the Norfolk Integrated Housing and Community Support Service – a major new contract commissioned by Norfolk County Council and delivered in partnership with St Martins, Great Yarmouth and Waveney Mind, Norwich and Central Norfolk Mind, and West Norfolk Mind. We were also delighted that our Berkshire West Your Way service (previously Reading Your Way), secured further funding for the next two years, enabling the staff to continue supporting local people experiencing mental health issues.

Our Clinical and Recovery Focused Accommodation Service (CaRFAS) in Wellingborough has gone from strength to strength, attracting referrals and commissioning interest from across the country and a televised media appearance on the BBC. Sadly, our CaRFAS in Swindon did not receive the same level of referrals as anticipated, and a difficult decision was made to close this service.

We have launched several new advocacy services in the North of England this year, including our new Advocacy Together Hubs in Rochdale, Wakefield and Knowsley. Our advocacy services have also enjoyed contract extensions in Kirklees, Tameside, Stockport, Oldham and Nottinghamshire, which is firm evidence that local authorities and partners recognise the benefits of our model.

Our criminal justice services have continued to develop, as we explored new opportunities to work with Probation and welcomed our new Criminal Justice Peer Supporters onboard. We also delivered training to criminal justice professionals on the specific needs of women, an initiative commissioned by Prison Reform Trust. An evaluation of the training identified the benefits to women caught up in the justice system when professionals are more aware of their specific needs and concerns. Whilst our Rotherham Pathways service sadly closed, our Pathways service in York has gone from strength to strength, securing further funding from local agencies – a positive reflection of the achievements of the service in intervening with people in crisis as a result of their mental distress.

In a landscape that remains challenging for many mental health and social care organisations and for the charity sector more broadly, I am inspired by the fantastic staff at Together, who possess the vision, dedication and passion to continue to transform lives, by delivering vital support to people experiencing mental distress. I would like to thank our Board, our staff and our volunteers for all their hard work and successes this year, and to recognise the thousands of amazing service users who we work alongside on their recovery journey.



Linda Bryant

Chief Executive

## TRUSTEES' REPORT (INCORPORATING STRATEGIC REPORT)

The Board of Trustees of Together for Mental Wellbeing presents its annual report and accounts for the year ended 31 March 2018. These comply with the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to Charities preparing their accounts in accordance with FRS 102.

The Trustees Report incorporates the Strategic Report of the Charity in the following sections: Activities and Achievements, Priorities for 2018/19, Financial Review and Risk Management.

### CHARITABLE DETAILS AND OBJECTIVES

The organisation was founded in 1879 and has been incorporated since 1949 as a company limited by guarantee. It is registered in England (company number 463505). It is also a registered charity (number 211091) and operates under the Companies Act 2006 and the Charities Act 2011. It currently operates throughout England.

Together is a national charity working alongside people with mental health issues on their journey to leading fulfilling and independent lives.

### ORGANISATION STRUCTURE

Together's Trustees are also directors of the company. The full Board meets four times a year. In addition, there is a Quality and Safety Committee and a Finance and Audit Committee. Both have clear terms of reference and delegated authority from the Board, meet quarterly and report back to the full Board. There is also a Reward, Remuneration and Nominations Committee with a remit for Trustee recruitment, Board performance and development, and senior staff appointment and remuneration. This Committee meets at least once a year and other times as necessary. Senior management remuneration is based on the requirements of the role and the remuneration in other comparable organisations. The Chief Executive reports to the Trustees and is supported by a group of senior managers who comprise the Corporate Management Team.

On 29<sup>th</sup> March 2018, Together's Chief Executive, Liz Felton, stepped down after 11 years. On 30<sup>th</sup> March 2018, Linda Bryant (previously Director of Criminal Justice), became Interim Chief Executive after an internal recruitment process, whilst a permanent successor was recruited. On 22<sup>nd</sup> May 2018, Linda Bryant became the permanent Chief Executive after a rigorous recruitment process involving internal and external candidates. Subsequently, Dee Anand and Yvonne Shell were appointed as the new Interim Directors of Criminal Justice (job-share).

The Corporate Management Team includes:

- Director of Resources
- Director of Service User Involvement
- Directors of Operations and Development
- Director of Criminal Justice
- Head of Human Resources
- Head of Business Development

- Head of Quality Improvement

The Trustees delegate the day-to-day management of the organisation to the Corporate Management Team.

### **STATEMENT OF PUBLIC BENEFIT**

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

### **RISK MANAGEMENT**

A risk register was established some years ago and is reviewed by Trustees quarterly. This year the Trustees conducted a review of all the major risks to which the charity is exposed, and approved the processes in place for their mitigation.

The Finance and Audit Committee and Quality and Safety Committee both play a role in monitoring risk and their management.

The nature of the principal risks identified are:

- The sustainability of our Intensive Clinical Support services, due to lack of referrals.
- Risks to the expansion of our Criminal Justice services from increased competition in the procurement process, as well as challenges to timely procurement by commissioners.
- Budget pressures from public sector income reductions.
- Infrastructure challenges from the introduction of new IT systems and the impact of a national office move on service delivery.

The Charity manages these risks through the use of its Organisational Risk Register. This is reviewed by the Board at each of its meetings and actions are taken accordingly.

### **APPOINTMENT & RECRUITMENT OF TRUSTEES**

The directors of the company are also charity Trustees for the purposes of charity law. We advertise nationally for Trustees and shortlisted candidates are formally interviewed by the Chair, Chief Executive and Trustees with expertise related to the vacancies under consideration. Suitable candidates are then recommended to the Trustees with a view to co-option, pending formal recommendation for election by members at the next annual general meeting (AGM).

Up to 18 Trustees may be appointed and the aim is to retain an appropriate balance of skills, given the diverse nature of the organisation's work. Trustees are elected for three years and may stand for two subsequent three-year terms. All new Trustees are provided with an induction pack that comprises all the formal documents relating to the governance of Together, along with relevant Charity Commission publications and other guidance. They are also directed to formal training courses that are designed to meet the needs of new Trustees and are provided with support from an experienced Trustee during their early months in office. The process is kept under regular review. Trustees are updated on current good practice, formal guidance and training opportunities through regular mailings.

Trustees and the Corporate Management Team hold an annual joint event where progress against plans for the year is reviewed and we look ahead to the future.

At our 2017 AGM, five Trustees were put forward for election: John Banks (co-opted in January 2017); Carol Cole; Sridevi Kalidindi; Chris Munday; and Ben Thomas (co-opted in September 2017). They were unanimously elected.

The Articles of Together for Mental Wellbeing require Trustees to retire in the third year following that of election. Those due to retire at the 2017 AGM meeting and who had indicated that they were willing to re-stand were Jenny Reynolds, Beth Lawton and Mark Hardcastle. This would be their second three-year term as Trustees. They were unanimously elected.

Edward Weiss retired as Chair, as he had already completed ten years as a Trustee. The nine-year point as a Trustee was the normal maximum period of service for Trustees, but he was granted a one-year extension at the 2016 AGM. Members expressed grateful thanks to Edward Weiss upon his retirement.

Resignations were Annette Majekodunmi, who had resigned on the 29<sup>th</sup> August 2017, and Sridevi Kalidindi, who resigned on the 14<sup>th</sup> February 2018. Zaidee O'Dell completed her term of office and did not wish to stand for re-election at the 2017 AGM. The Trustees thank them for their service to the charity.

Carol Cole was appointed the new Chair of the Board of Trustees for Together for Mental Wellbeing, and John Banks as the Treasurer, on the 17<sup>th</sup> October 2017.

Further details about our Trustees and their expertise can be found on our website at [www.together-uk.org/Trustees](http://www.together-uk.org/Trustees).

#### Committee Membership as of April 2018:

Board	Quality & Safety	Finance & Audit	Reward, Remuneration & Nominations
All Trustees	Mark Hardcastle (Chair)	John Banks (Chair)	Helen Davies (Chair)
	Carol Cole (Ex officio)	Carol Cole (Ex officio)	Carol Cole (Ex officio)
	Lisa Goodwin	Beth Lawton	Alison Faulkner
	Carole Murray	Chris Munday	Keith Marsden
	Kim Radford	Jenny Reynolds	
	Ben Thomas		

#### Attendance by Trustees at meetings of the Board and its Committees:

The table below sets out the attendance of Trustees at meetings of the Board and its Committees during 2017/18. Where a Trustee only served for part of the year, the number of meetings that they could have attended is shown in brackets.

Trustee	Board (5)	Quality and Safety (4)	Finance and Audit (4)	Reward, Remuneration and Nominations (4)
John Banks	5		4	
Carol Cole	4 (4)			
Helen Davies	3			4
Alison Faulkner	3			1
Lisa Goodwin	2	1		
Mark Hardcastle	5	4		
Sridevi Kalidindi	0 (3)	1 (2)		
Beth Lawton	3		2	
Annette Majekodunmi	1 (1)		1 (2)	
Keith Marsden	5			3

Chris Munday	1 (4)		0 (2)	
Carole Murray	5	3		
Zaidee O'Dell	1 (2)	1 (2)		
Kim Radford	3	2		
Jenny Reynolds	3		4	
Ben Thomas	3 (4)	1 (3)		
Eddie Weiss	3 (3)		2 (2)	1 (1)

## EMPLOYEES AND VOLUNTEERS

Together has over 500 employees across England.

Together is an accredited Investor In People organisation. This, along with our proactive approach to learning and development, demonstrates our commitment to valuing and developing our employees, whose skills are critical to our services.

Together is also indebted to its network of over 200 volunteers, whose support continues to be so valuable to the success of our organisation and to the difference made to the lives of people experiencing mental distress.

## EMPLOYEE INVOLVEMENT

Regular meetings are held with employees so that they are involved in and consulted on matters of concern, and can contribute to the running of the organisation. Together operates a Joint Negotiating and Consultative Committee, which comprises employees, managers and UNISON representatives. Together has signed a recognition agreement with UNISON.

## TOGETHER'S VISION

**Our vision is a world where each individual can play their part in breaking down the barriers that exist through ignorance and lack of understanding, and where everyone can live their lives without prejudice.**

## TOGETHER'S MISSION

**Our mission is to be the first choice for service users looking for quality, personalised services. We are trusted for our expertise in service user involvement and leadership. We will value and encourage service users' contributions to every aspect of our work, working alongside them as they lead their journeys towards greater wellbeing. We will demonstrate that service user involvement works to improve people's mental health, whatever their life situation and no matter how severely they are affected.**

## THE JOURNEY TOWARDS GREATER WELLBEING

Wellbeing, "recovery" or "re-discovery" is about people being able to connect with themselves, their chosen loved ones and with their communities.

Together offers support so that people have a suitable and safe place to live with appropriate support, and can work or engage in other activities, as they wish, without fear or discrimination.

We aim to help people to have hope for the future and a realistic chance of achieving their ambitions.

We believe that people should be able to make their own individual choices about leading a more fulfilling life. We act in a way that is informed, responsive and resourceful. We see our role as

ensuring that every individual we connect with is empowered to make choices that are effective for them and their circumstances at the time. We deliver practical support that makes this possible.

We promote the value of lived experience, empowerment by involvement and the impact of peer support. We do so in a way which makes the most of the individual's own experience, emphasises people's strengths, and supports people to make decisions and plans for their future.

We aim to prove that working to our service users' agendas improves their self-esteem, confidence and mental health in a holistic and valued way.

## **ACTIVITIES AND ACHIEVEMENTS**

The activities provided by Together during the year reflect our aims and ongoing commitment to offer practical support to people in varied circumstances across a range of locations. Access to our services is determined by need and by the choice of individuals. The benefits of our activities are that people experiencing mental distress are supported to achieve greater wellbeing and independence. In addition, many people go on to support others within Together or in their community.

## **SERVICE USER INVOLVEMENT AND LEADERSHIP AND PEER SUPPORT**

### **Service user involvement and leadership**

We have supported our services and departments to create their own plans to further enhance and embed service user involvement and leadership within their day-to-day work, and have been impressed by the broad range of initiatives that have been developed and are being worked towards across the organisation. We support staff to learn from each other about what works with regards to service user involvement and leadership, the challenges that can crop up along the way and how these can be resolved.

Some examples of service user involvement and leadership across the organisation this year have included:

- Service users across Together services being involved in planning, setting up and co-hosting local engagement events.
- Three service users from Swale Your Way achieving their football coaching badges.
- Service users giving valuable input into and updating information / welcome packs.
- Increased involvement in Your Way service user meetings and in residents' meetings in our accommodation services.
- Development of our National Steering Group (NSG), comprised of nine service users who provide a service user perspective to key strategic issues within Together.
- Many staff from different services attending service user involvement training, showing a positive attitude to developing service user involvement across the organisation.

We have worked with our partner organisations within the Norfolk Integrated Housing and Community Support Service to ensure that this new service meets specific requirements and expectations in relation to service user involvement and leadership and peer support.

Our internal grants scheme has continued to provide additional financial support to service user involvement. The Grants Scheme Committee is comprised of a panel of three service users, who review applications on a monthly basis. This year, the internal grants scheme has benefitted 176 service users.

Some examples of service user involvement initiatives that were funded by the internal grants scheme include:

- **Art and music groups:** There have been a number of art and music projects led by service users. 15 service users have benefitted from initiatives like this, which bring people together and help to reduce isolation.
- **Conferences:** 20 service users have benefitted from funding that enabled them to attend conferences, providing an opportunity to not only learn new things but be involved in passing on that learning to other service users.
- **Technology:** The grants scheme is currently benefitting 12 service users through the approval of technology-related initiatives, such as a new laptop at Wandsworth Your Way which has enabled service users to gain valuable IT skills and new-found independence.
- **Groups and Events:** At one of our services in Sussex, service users identified a need for a local LGBTQ+ support group. As well as providing an autonomous, safe space for members to talk about issues affecting them, the group has provided an opportunity for service users to practice useful skills such as minute-taking.
- **Gardening:** These projects continue to be popular and are a great way for people to get outdoors. At Lawn Court Accommodation Service, six service users have been actively involved in maintaining their garden and growing fruit and vegetables. Two planting trugs were purchased, enabling service users with less mobility to participate – 17 residents are now able to enjoy this garden even more so. At Swale Your Way, 12 service users have been maintaining their allotment, which is going from strength to strength.
- **Training:** 50 service users have so far benefitted from the Anger, Stress and Emotional Resilience training course, facilitated by a volunteer. In true collaborative fashion, the volunteer has gone on to train two more people to share their learnings from this course.

Our refreshed and revitalised National Steering Group (NSG) have now received a comprehensive induction programme and have provided a service user perspective to some key strategic issues – such as the development of our new strategy, the appointment of a new Chief Executive and our move to a new national office. The NSG have also influenced our future approach to physical and mental health, by visiting a range of services and speaking with other service users about this very important issue.

We were able to support the Independent Review of the Mental Health Act by running a series of focus groups that explored people's experiences of being detained under this legislation and being subjected to Community Treatment Orders.

We have worked with service users in residential settings and supported housing to explore issues around medication, including self-medication, and how we can improve organisational approaches to this from a service user perspective.

### **Peer support**

Our model of peer support continues to go from strength to strength. During the past year, this has been extended to our Liaison and Diversion service and our Clinical and Recovery Focused Accommodation Services (CaRFAS), so that some of the most vulnerable people can benefit from this invaluable source of support.

More people can now access peer support in groups and by telephone. We are ensuring that it is relevant and accessible for people with a range of disabilities, in addition to mental health issues.

We have increased the number of people who access peer support and this reached 685 people in the past year, who reported the following benefits:

- **90%** reported **improved confidence**
- **84%** reported **improved ability to manage their mental health**
- **86%** reported **feeling more in control**
- **82%** reported **improved social life and support networks**
- **92%** reported **feeling more accepted**
- **82%** reported **feeling more hopeful about the future**

We have developed and distributed a series of service-user-led self-management resources that can be accessed by anybody using any of our services. These have focused on what service users themselves find helpful in relation to:

- Anxiety management
- Arts and culture
- Confidence-building
- Exercise
- Food
- Hobbies and leisure
- Mindfulness
- Relaxation and stress reduction
- Sleep management

Whilst continuing to ensure our practice around service user involvement and leadership continues to develop across the organisation, we have also been able to raise the profile of the organisation and share our expertise with the wider mental health community and beyond, by presenting our work at several events and conferences throughout the course of the year.

These have included:

- Service User Experience in Mental Health Conference
- Learning From Outstanding Mental Health Services Conference
- Effective Discharge and Pathways in Mental Health Services Conference
- Improving Mental Health Outcomes Conference
- Recovery Celebration Conference
- National Voices Conference
- International Association for Forensic Mental Health
- Social Value UK
- Peer Identities in Mental Health Conference

## **SUPPORT AND SERVICES**

Over the past year we have helped around 4,500 people with mental health needs each month across England.

### **• Support in the community**

When people are experiencing distress, it can be hard to know where to turn, or what support is available. Our community support services are easy to access, give people choice and control over how they are supported, and provide high-quality information and signposting to local resources.

Our Your Way services work alongside people towards the goals that matter to them, and support them to build social connections and skills so that they can achieve greater independence and move away from paid support in their lives. Over this past year, we have provided community support to over 1,000 individuals through our Your Way model.

We were delighted that our Berkshire West Your Way service (formerly called Reading Your Way) successfully secured continued funding for the next two years from Reading Borough Council and

NHS Berkshire West Clinical Commissioning Groups (CCGs). This will enable the service to continue its decade-long history of improving the lives of thousands of local people who experience mental health issues.

This year also saw the launch of the new Norfolk Integrated Housing and Community Support Service – for which we are the lead provider, working in partnership with St Martins, Great Yarmouth and Waveney Mind, Norwich and Central Norfolk Mind, and West Norfolk Mind. As a result of this partnership, we look forward to delivering better outcomes for people in Norfolk experiencing mental health issues, and are excited to deliver new aspects of the service including expanded peer support and group activities.

We also continued to support thousands more service users through our other community support services, including floating community support and our Southwark Wellbeing Hub.

- **A place to live**

Together recognises that having a suitable place to live is an extremely important factor in recovery from mental distress and so we provide a range of services that support individuals to live in the accommodation which is right for them.

We offer residential care placements, crisis beds, supported housing and a wide range of support for people who are maintaining independent tenancies.

This year, we have consolidated the learning from the evaluation of our Progression Together model, to inform the review and realignment of our accommodation services in Hampshire. Progression Together is our model of personalised, accommodation-based support. It is designed to help people with complex and challenging mental health needs move progressively towards increased independence, at a pace that's right for them.

Our Clinical and Recovery Focused Accommodation Service (CaRFAS) in Wellingborough has continued to deliver positive outcomes for service users and has attracted referrals and commissioning interest from across the country. Our CaRFAS model provides high-quality support with the aim of preventing avoidable admissions, and supporting recovery and "step down" for people who have severe mental health problems and significant risk or safety issues.

We opened our second CaRFAS, in Swindon, in the summer of 2017. Unfortunately, our expectations for moving people into the service were not met and the service was significantly under-utilised. In the context of the challenging broader financial environment that we work in, this led our Board of Trustees to make the difficult decision to close the service. Whilst this was disappointing, we worked closely with our external partners to ensure a smooth transition for the service users into appropriate alternative accommodation that met their needs.

We have continued the review of our forensic accommodation model, to build on the success we have enjoyed with our York Road Accommodation Service in Sutton. This service is a High Support Unit offering specialist support to people with complex needs and forensic backgrounds. The service offers a comprehensive support package designed to enable service users to take control of their lives and move on to independent living.

This year, we also undertook a wholesale review of our pricing strategy of all our spot funded services, to ensure that we provide the best value for money within a sustainable financial model.

We have also developed a property management group which makes sure that we provide good quality accommodation to our service users, and that we are accountable for our responsibilities to our tenants and licence-holders.

- **Advocacy**

We offer statutory Independent Mental Health Advocates (IMHA), Independent Mental Capacity Advocates (IMCA), Care Act Advocacy and generic advocacy services nationally.

This year, we were delighted to launch our new Together Advocacy Hubs in Knowsley, Wakefield and Rochdale, which have been commissioned by Knowsley Metropolitan Borough Council (MBC), Wakefield MBC and Rochdale MBC respectively.

At each Hub, a Volunteer Coordinator has been training local people with lived experience of mental health issues to join the Hub's volunteer scheme and become vital members of the delivery team. Volunteers are also encouraging Self Advocacy to individuals in the community. In addition, the team are offering learning programmes to existing and new peer groups who want to make a difference to the way they receive care and support.

We were also pleased that Kirklees MBC, who we have been delivering advocacy services to for over a decade, requested that Together continues to deliver IMCA services for a further extended period. Additionally, we were delighted to be asked to extend our IMCA service in Tameside, Stockport and Oldham for a further three years.

Together led a partnership with Speak Up Warrington, a small local charity, to deliver all types of advocacy in Warrington, as initially commissioned in December 2016. The service enjoyed a successful first year of delivery, and we then supported Speak Up Warrington to continue to deliver the contract independently. Warrington MBC and Together are keen to support local agencies to remain in the wider marketplace, to grow and develop further.

We closed our IMCA service in Halton, as Halton MBC tendered for a Health Watch and Advocacy Service in 2017, and we were not in a position to tender for the Health Watch Service. Halton practitioners had worked with Together for seven years and offered their thanks and compliments regarding the positivity of the staff during the period of delivery.

Together's advocacy services have continued to enjoy key involvement with the Greater Manchester protocol to deliver advocacy for clients, funded by a neighbouring Local Authority and placed in Rochdale, Tameside, Stockport and Oldham.

Our advocacy services have also continued to have representation in the involvement of planning changes regarding the Greater Manchester devolution process for Health and Social Care Commissioning services.

In addition, we have provided representation at the Safeguarding Children and Adults Forum in Rochdale and Wakefield.

Together secured a one-year contract extension for Nottinghamshire Healthcare NHS Foundation Trust's statutory and generic advocacy provision for their Forensic Division. This contract includes Rampton High Secure Hospital and associated medium and low secure services, ensuring that we remain on the frontline of delivering Independent Mental Health Advocacy to people detained under the Mental Health Act.

Our advocacy services have undertaken work to engage service users who are assessed as having

no capacity to make specific decisions, using the 4Pi National Involvement Standards. We are in the process of developing further ways to support the voice of service users to improve service delivery.

The new model of the Together Advocacy Hub (now in Wakefield, Knowsley and Rochdale) has supported the engagement of local people with lived experience of mental health issues, their ability to lead in making changes to local services, and their involvement in the work of Together's Service User Involvement Directorate.

The Together Advocacy Network has developed further during 2017/18, with the successful meeting of services across the North West and East of England, and has secured further funding in order to employ more advocates to join the organisation.

Developments are also underway to create improvements in training and learning, as Statutory Advocacy sees many changes within a small space of time.

Our Advocates have continued to receive a high level of compliments and positive feedback regarding their ability to make challenges on behalf of their clients, while also enabling the Decision Makers to support the clients to take risks, in respect of the clients' wishes and values.

#### • **Mental Health and the Criminal Justice System**

We have continued to successfully deliver our Liaison and Diversion services across police and court settings in London, in partnership with NHS Trusts. Our Liaison and Diversion practitioners assess the needs of vulnerable individuals in magistrates' courts, crown courts and police custody settings, working closely with a wide range of partners to ensure that these individuals have access to the right health and social care services.

We have also continued to work with prolific offenders and serious group offenders to ensure that their mental health and social care needs are addressed, improving their overall outcomes and increasing their chances of moving away from the criminal justice system.

Together's Forensic Mental Health Practitioner (FMHP) Service works within the National Probation Service (NPS) to provide assessment and therapeutic interventions where people have a primary mental health need and may also be experiencing a number of other vulnerabilities, including personality disorder, learning disability and substance or alcohol misuse. We have explored further opportunities to work with probation, including continuing to develop our specialist services for women and young adults.

In January 2018, the Prison Reform Trust published an evaluation of the training that we delivered to criminal justice professionals on the specific needs of women. We were delighted that the evaluation found that 88% of participants said that the training helped them to effectively develop an understanding of how the needs that women have may affect them while detained in custody (police and/or court), with 71% saying that their knowledge of the support structures, pathways and services for female service users had increased.

We have also delivered training to the Metropolitan Police in London on how best to support people with mental health needs who come into contact with the police, and this training has been very positively received.

As a leader in mental health within the criminal justice system, we have continued to share our expertise and raise awareness of our work through speaking engagements at conferences and events,

including our Director speaking at the International Association of Forensic Mental Health Services conference in Croatia.

We were delighted that our Rotherham Pathways service was shortlisted at the Children and Young People Now Awards in November 2017. Our Pathways service offers personalised, one-to-one support to individuals experiencing mental distress who may repeatedly make contact with emergency services, or are at risk of entering the criminal justice system. Unfortunately, due to the continuing challenges of the funding environment which we operate in, a very difficult decision was subsequently made to close the Rotherham Pathways service.

On a more positive note, our York Pathways service has gone from strength to strength, securing ongoing funding from the office of the local Police and Crime Commissioner. The service continues to provide intensive support, working alongside People experiencing crisis as a result of their mental distress, in order to avoid their use of emergency services.

We were also excited to welcome onboard our new Criminal Justice Peer Supporters within our Liaison and Diversion services – volunteers with personal experience of mental health issues and involvement with the criminal justice system, who will use their lived experience as a tool to support others on their recovery journey.

## **PRIORITIES FOR 2018/19**

In the coming year, we will:

1. **Support the most vulnerable people and those facing greatest stigma, by providing the next step in supporting people moving from secure or locked services**, including offering peer support to all service users in our Clinical and Recovery Focused Accommodation Service.
2. **Expand services for people with mental health needs who are also involved with the criminal justice system or those people at risk of such involvement**, including maintaining our Liaison and Diversion provision and developing its peer support offer, and engaging with NHS England commissioners.
3. **Continue to provide quality accommodation with support at a fair price and with recovery-based outcomes**, including assessing all our accommodation services against Together's Values, ethos and Progression Together principles and achieving a Good rating in all CQC registered services.
4. **Provide support to the most vulnerable people in secure, residential and community settings through instructed and non-instructed statutory and generic advocacy provision**, including retaining our Advocacy Charter Mark.
5. **Reach more people in a community setting in a way that promotes independence, peer support and leadership**, including reaching 1,250 service users per year by 2018/19 in our Your Way services and 1,500 service users per year in our Community Support services.
6. **Strengthen, sustain and grow our services and the organisation**, including the development of a new five-year strategy.

## FINANCIAL REVIEW

This has been another financially challenging year. We agreed a small surplus budget for the year, at the Operational level, of £69k, but during the year it became clear that some of the services, mainly residential, were unable to deliver to the agreed budgets, and at the Operational level we made a significant deficit of (£1,105k) at the Operational level, though this was mitigated by the sale of properties, so that the net movement in funds was a surplus of £4,056k.

Specifically, the move from Block contracts to Spot contracts, resulting in lower occupancy levels has meant much reduced income from residential services in certain geographies. Action is being focused in these areas. This has also impacted on the 2018/19 financial year and we have therefore had to set a deficit budget for 2018/19, but in the expectation that actions will be taken during the year to improve the overall financial position.

During the year, we sold our headquarters at Old Street with the intention that a less costly building would enable us to invest the proceeds in our services. The premises were leased back from the purchaser whilst we searched for suitable long-term premises. This has resulted in a significant increase in cash in the short-term. A new headquarters property was purchased in Lambeth in April 2018 for less than the sale price of the Old Street property.

We are developing a new Strategic Plan as the current long-term plan comes to an end and we expect this to benefit the financial position in the longer term.

On Unrestricted funds the charity made an operational loss for the year, before gains/losses on non-operating items, of (£1,096k) (2016/17 surplus £74k). Adjusting for the movement on the pension scheme and investments, and with a profit on the sale of properties, this produced a surplus of £4,067k (2016/17 surplus £1,207k). The movement on the pension scheme is detailed below and in note 17 to the accounts.

On Restricted funds brought forward, of £2,217k there was a surplus of £10k (2016/17 deficit (£47k) resulting in a surplus balance of £2,227k.

This year's surplus on restricted funds arises from income that is accounted for when it is received, under the charities SORP, being higher than the expenditure on services in the year.

## RESERVES

### Financial reserves policy

Unrestricted reserves provide some protection to the Charity and its work by allowing time to adjust to changing financial circumstances. The Trustee Board, via its Finance and Audit Committee, reviews, on an annual basis, the level of unrestricted reserves by considering the risks associated with various income streams, expenditure plans and Balance Sheet items. This enables an estimate to be made of the level of reserves that are sufficient:

- to allow time for re-organisation in the event of a downturn of income or asset values; and
- to protect ongoing work programmes.

The minimum level is estimated at 3 months of the unrestricted expenditure budget. Consequently, Trustees have decided that the appropriate, prudent level of reserves is in the range 3 to 6 months of the unrestricted expenditure budget.

### **Unrestricted Reserves**

The Trustees have approved a policy for the organisation of having unrestricted reserves of between 3 and 6 months of unrestricted expenditure. Current levels are over 10 months of unrestricted expenditure (2016/17: 7.8 months). Unrestricted Reserves are composed of General Reserves and Designated Reserves. Trustees are content with this level of reserves because £7.2m of the unrestricted reserves are held in properties that are used to further the charities objectives.

### **General reserves (unrestricted)**

At 31 March 2018 general reserves amounted to £8,877k (2016/17: £3,758k).

### **Designated funds (unrestricted)**

Designated funds £7,203k (2016/17: £8,255k) are those unrestricted funds that are annually approved by Trustees for particular purposes.

The Trustees have established a designated fund to cover any potential liability arising in the defined benefit pension scheme, see note 15 to the accounts. The breakdown of current designated funds is outlined in note 15.

### **Restricted funds**

These funds amounting to £2,227k (2016/17: £2,217k) can only be used for the purposes for which they were given. They represent unspent monies received from donors subject to conditions specified by them, or because the funds were collected in a public appeal to raise money for a particular purpose. Detailed analysis of the various restricted funds is set out in note 16.

## **INVESTMENTS POWERS AND PERFORMANCE**

The Trustees, under the powers conferred to them by the Articles of Association, appointed UBS Wealth (UK) Management in 2002, and gave them discretionary investment powers. As a measure of performance, the rate of income return on investment was set at 4 - 5 %, and the capital return to be not less than the All Share Index. This performance is reviewed quarterly by the Finance and Audit Committee and annually with UBS Wealth Management (UK). The next review of our investment manager's performance is planned for summer 2018.

The Trustees' aims in investing funds continue to be to:

- act as a reserve to protect core activities in the event of unforeseen income shortfalls
- support longer term identifiable projects
- generate income to support core services not funded.

Total investments at 31 March 2018 amounted to £2,277k, a decrease of £32k (2016/17: increase £220k). Interest and dividend income in the year amounted to £87k before the deduction of investment manager's fees (2016/17: £99k).

**Portfolio structure**

	<b>2018</b>	<b>2017</b>
	<b>%</b>	<b>%</b>
Common Fund units	99.97	100
Cash	0.03	0

**SUBSIDIARY COMPANY**

Together has a wholly owned subsidiary company, Together Trading Limited. The company facilitates the management of building contracts for Together. Its sales are only to the charity. The company provides its services approximately at cost, and therefore makes either a nil or minimal profit which it gift aids to the Charity. For the year ended 31 March 2018, the turnover of the company was £1k (2016: £25k) and a (£2k) deficit result (2017: nil result).

**PENSIONS**

The Together defined benefit pension scheme was closed to new accruals on 30 September 2011. The charity now offers a defined contribution pension scheme to all staff (see note 17).

Although the final salary scheme is now closed for future accruals, it remains a risk for the charity, even though it is currently showing a surplus. The result as valued by FRS 102 is included in note 17 to the accounts.

The accounts as presented reflect accounting standard FRS 102.

This pension scheme is a UK-based defined benefit scheme, providing benefits at retirement. The net present value (surplus) of the pension scheme at 31 March 2018 is £427k (2017: £688k surplus).

**FINANCIAL CONTROL AND MONITORING**

The Finance and Audit Committee monitors and reviews all aspects of financial performance, financial management reporting, internal financial control, including, in particular, the preparation and monitoring of revenue and capital expenditure, and quarterly managements accounts. It also deals with such other matters as may be specifically delegated to it by Trustees.

**FINANCIAL POSITION**

The Trustees consider that there are sufficient reserves held at the year-end to avoid an unacceptable level of disruption to the organisation in the event of a downturn in future income, and that there is a reasonable expectation that Together has adequate resources to continue in operational existence for the foreseeable future. For this reason, the Trustees continue to adopt the going-concern basis in preparing the accounts.

## TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the annual report and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law, the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charitable Company and of the group and of the income and expenditure including the net income and expenditure of the group for the year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going-concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions, and disclose with reasonable accuracy at any time the financial position of the charitable company, and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and of the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as each of the Trustees is aware at the time the report is approved:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

## AUDITORS

Following a competitive tender exercise, a resolution proposing that Moore Stephens be appointed as auditors of the company will be put to the AGM.

Approved by the AGM on 30<sup>th</sup> October 2018 and signed on their behalf on 30<sup>th</sup> October 2018.



Dr. Carol Cole  
Chair of the Board of Trustees  
30th October 2018

# INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TOGETHER FOR MENTAL WELLBEING

## Opinion

We have audited the financial statements of Together for Mental Wellbeing for the year ended 31 March 2018 which comprise the Consolidated Statement of Financial Activities, the Consolidated and Charity Balance Sheets, the Consolidated Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the group's and of the parent charitable company's affairs as at 31 March 2018 and of the group's and parent charitable company's net movement in funds, including the income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

## Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## Responsibilities of Trustees for the financial statements

As explained more fully in the Trustees' responsibilities statement set out on pages 19 and 20, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the group's and the parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the group or the parent charitable company or to cease operations, or have no realistic alternative but to do so.

## Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken

on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

### **Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the Trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the group's or the parent charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

### **Other information**

The Trustees are responsible for the other information. The other information comprises the information included in the Trustees' Report, the Introduction from the Chair and the Chief Executive's Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report (which includes the strategic report and the directors' report prepared for the purposes of company law) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the strategic report and the directors' report included within the Trustees' Report have been prepared in accordance with applicable legal requirements.

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the group and the parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report (which incorporates the strategic report and the directors' report).

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or

- we have not received all the information and explanations we require for our audit

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

*Anna Bennett*

Anna Bennett (Senior Statutory Auditor)  
For and on behalf of haysmacintyre, Statutory Auditors

30/11/18

10 Queen Street Place, London, EC4R 1AG

**CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES**

(Incorporating Income and Expenditure Account)

for the year ended 31 March 2018

	Notes	Unrestricted & Designated Funds 2018 £	Restricted Funds 2018 £	2018 Total £	2017 Total £
<b>Income from:</b>					
Donations and legacies	8	100,907	24,640	125,547	107,387
Charitable activities	9	17,784,991	346,385	18,131,376	18,355,155
Investments		87,324	-	87,324	98,912
Other		85,176	-	85,176	142,935
<b>Total Income</b>		<b>18,058,398</b>	<b>371,025</b>	<b>18,429,423</b>	<b>18,704,389</b>
<b>Expenditure on:</b>					
Raising Funds	3	78,873	-	78,873	95,653
Charitable Activities	2	19,084,939	350,948	19,445,887	18,581,206
<b>Total Expenditure</b>		<b>19,163,812</b>	<b>360,948</b>	<b>19,524,760</b>	<b>18,676,859</b>
<b>Net (Expenditure)/Income prior to net (losses)/gains on investments</b>		<b>(1,105,414)</b>	<b>10,077</b>	<b>(1,095,337)</b>	<b>27,530</b>
Net (losses)/gains on investments	11	(22,171)	-	(22,171)	220,595
<b>Net (expenditure)/income</b>		<b>(1,127,585)</b>	<b>10,077</b>	<b>(1,117,508)</b>	<b>248,125</b>
<b>Other recognised gains and losses</b>					
Net gains on revaluation of assets held for sale	12	144,823	-	144,823	912,481
Gain on disposal of assets	12a	5,028,389	-	5,028,389	-
<b>Net Movement in Funds</b>		<b>4,045,627</b>	<b>10,077</b>	<b>4,055,704</b>	<b>1,160,606</b>
Reconciliation of Funds					
Total funds brought forward as previously stated		12,013,196	2,216,927	14,230,123	13,069,517
<b>Total funds carried forward</b>		<b>16,058,823</b>	<b>2,227,004</b>	<b>18,285,827</b>	<b>14,230,123</b>

Comparatives on fund by fund basis are shown in note 23.

All income and expenditure is derived from continuing activities. The charity has no other recognised gains and losses other than the results for the above financial years

The notes on pages 26 to 43 form part of these financial statements

**CONSOLIDATED AND CHARITY BALANCE SHEET**

as at 31 March 2018

	Notes	2018 Group £	2018 Charity £	2017 Group £	2017 Charity £
<b>Fixed Assets:</b>					
Tangible Assets	10	7,921,002	7,934,284	9,715,426	9,728,708
Investments	11	2,276,704	2,276,704	2,309,613	2,309,613
		10,197,706	10,210,988	12,025,039	12,038,321
<b>Current Assets:</b>					
Investment property (Assets held for sale)	12	307,000	307,000	1,750,000	1,750,000
Debtors	13	1,074,834	1,075,510	1,732,440	1,728,451
Cash at Bank and in Hand		8,599,525	8,598,839	1,042,596	1,041,548
		9,981,359	9,981,349	4,525,036	4,519,999
<b>Creditors: Amount falling due within one year</b>	14	(1,893,238)	(1,893,238)	(2,319,952)	(2,314,925)
<b>Net current assets</b>		8,088,121	8,088,111	2,205,084	2,205,074
<b>Creditors: Amount falling due after more than one year</b>		-	-	-	-
<b>Net Assets</b>		<b>18,285,827</b>	<b>18,299,099</b>	<b>14,230,123</b>	<b>14,243,395</b>
<b>FUNDS</b>					
<b>Unrestricted Funds</b>					
Designated	15	7,202,604	7,215,886	8,255,493	8,268,775
General	15	8,856,219	8,856,209	3,757,703	3,757,693
Unrestricted Income Funds		16,058,823	16,072,095	12,013,196	12,026,468
Restricted Funds	16	2,227,004	2,227,004	2,216,927	2,216,927
<b>Total Charity Funds</b>		<b>18,285,827</b>	<b>18,299,099</b>	<b>14,230,123</b>	<b>14,243,395</b>

The net movement in funds of the parent charity was £4,055,704 (2017: £1,160,606)

Approved by the Board on 26 September 2018 and signed on their behalf on 30 October 2018 by:



Dr. Carol Cole (Chair)



John Banks (Treasurer)

The notes on pages 27 to 44 form part of these financial statements.  
Charity registration number 211091. Company registration number 463505.

**CONSOLIDATED CASH FLOW STATEMENT**

for the year ended 31 March 2018

	Notes	2018 Group £	2017 Group £
<b>Cash flows from operating activities:</b>			
<b>Net cash provided (used in) by operating activities</b>	<b>A</b>	<b>(607,860)</b>	<b>(364,692)</b>
<b>Cash flows from investing activities:</b>			
Dividends, interest and rents from investments		87,324	98,912
Proceeds from the sale of properties		8,905,000	970,123
Cost of maintaining investment properties		(164,093)	(101,552)
Purchase of property, plant and equipment		(463,575)	(1,588,796)
Proceeds from sale of investments		11,365	-
Change in investment cash		(627)	421
<b>Net cash provided by (used in) investing activities</b>		<b>8,375,394</b>	<b>(621,717)</b>
<b>Cash flows from financing activities:</b>			
Repayments of borrowing		(210,605)	(118,463)
<b>Net cash provided by (used in) financing activities</b>		<b>(210,605)</b>	<b>(118,463)</b>
<b>Change in cash and cash equivalents in the reporting period</b>		<b>7,556,929</b>	<b>(1,104,872)</b>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<b>1,042,596</b>	<b>2,147,468</b>
<b>Cash and cash equivalents at the end of the reporting period</b>		<b>8,599,525</b>	<b>1,042,596</b>

**Note A: Reconciliation of net income/(expenditure) to net cash flow from operating activities**

<b>Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)</b>	<b>(1,117,508)</b>	248,125
<b>Adjustments for:</b>		
Depreciation charges	133,304	147,751
Losses/(Gains) on investments	22,171	(220,595)
Dividends, interest and rents from investments	(87,324)	(98,912)
Decrease/(Increase) in debtors	657,606	(669,403)
(Decrease)/(Increase)/Increase in creditors	(216,109)	438,947
(Decrease) in long term creditors	-	(210,605)
<b>Net cash provided by (used in) operating activities</b>	<b>(607,860)</b>	<b>(364,692)</b>

# NOTES TO THE ACCOUNTS

for the year ended 31 March 2018

## 1. ACCOUNTING POLICIES

### a) Basis of Preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The financial statements are presented in Pounds Sterling rounded to the nearest pound.

### b) Income

Income is recognised once Together has entitlement to it, it is probable that income will be received and the monetary value of the income can be measured with sufficient accuracy. Legacy income is recognised when the criteria of probability, measurement and entitlement are met.

### c) Expenditure

Expenditure is accounted for on an accruals basis and is recognised when there is a legal or constructive obligation committing Together to the expenditure. Where costs cannot be directly attributed to a particular heading in the Statement of Financial Activities they are allocated based on the % of direct cost generated by each area.

Cost of generating funds consists of costs incurred by Together in encouraging organisations and individuals to make voluntary contributions or to organise a fundraising event (see note 3). Charitable activities includes the costs incurred by Together in the provision of mental health services, residential homes, supported housing, advocacy services, criminal justice services, and community support (see note 2).

### d) Other Employee Benefits

Termination benefits are accounted for on an accrual basis and in line with FRS 102. In line with FRS 102, an accrual has been made for holiday pay accrued but not taken at the year end.

### e) Fixed Assets

Tangible fixed assets costing more than £1,000 are capitalised, included at cost and written off over their useful lives on a straight line basis.

The useful lives are estimated to be:

Freehold Properties (building costs)	50 years
Fixtures and Fittings	10 years
Office Equipment and Software	3 years

On adoption of FRS102 at the transition date of 1 April 2014, Together took advantage of the FRS exemption which enabled revaluation of certain properties to deemed cost.

### f) Investments

Investments are included in the Balance Sheet at market value at 31 March. All gains and losses are shown in the Statement of Financial Activities.

Together has 1 property held for sale at the year end. It was sold on 4th April 2018. Where the sale is unconditional, properties are valued at sales price (net of fees). Where the sale is conditional on planning permission, properties are valued at current market value.

### g) Operating Leases

Operating lease rentals are charged to the income and expenditure account on a straight line basis over the period of the lease.

### h) Pension Costs

Pension costs for the group personal pension scheme, a defined contribution scheme, are charged to the Statement of Financial Activities as they fall due. Together has also contributed to a defined benefit scheme, which was closed to new accruals on 30 September 2011. More details are given in note 17.

### i) Structure of Funds

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and

use of each designated fund is set out in notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the company for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

**j) Consolidation**

Together owns 100% of the share capital of Together Trading Limited. Group accounts are prepared incorporating this subsidiary.

**k) Going concern**

The Trustees consider that there are no material uncertainties regarding the charity's ability to continue as a going concern.

**l) Critical accounting judgements and estimates**

In preparing these financial statements, management has made judgements, estimates and assumptions that affect the application of the charities accounting policies and the reported assets, liabilities, income and expenditure and the disclosures made in the financial statements. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

**m) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**n) Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments, including trade and other debtors and creditors and the bank loan, are initially recognised at transaction value and subsequently measured at their settlement value.

**o) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

**p) Foreign currency translation**

The charity's functional and presentation currency is pound sterling. Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. All differences are recognised in the SOFA.

**q) Company Information**

Together for Mental Wellbeing is a company limited by guarantee, registered in England and Wales (Registration number: 463505).

The registered office is 52 Walnut Tree Walk, London, SE11 6DN.

## 2. CHARITABLE ACTIVITIES

### Provision of mental health services

	Direct Costs £	Support Costs £	2018 Total £	2017 Total £
Residential Homes	5,721,612	1,115,137	6,836,749	6,163,937
Supported Housing	3,713,121	723,760	4,436,881	4,667,317
Advocacy Services	1,513,814	294,960	1,808,774	1,664,466
Criminal Justice Services	2,398,444	467,177	2,865,621	2,873,213
Community Support & Day Services	2,662,348	518,876	3,181,224	2,876,369
Service User Involvement	264,940	51,698	316,638	335,904
	<b>16,274,279</b>	<b>3,171,608</b>	<b>19,445,887</b>	<b>18,581,206</b>

**2. CHARITABLE ACTIVITIES (2017)****Provision of mental health services**

	Direct Costs £	Support Costs £	2017 Total £	2016 Total £
Residential Homes	5,242,915	921,022	6,163,937	6,209,788
Supported Housing	3,969,818	697,499	4,667,317	3,743,077
Advocacy Services	1,415,676	248,790	1,664,466	1,514,039
Criminal Justice Services	2,443,940	429,273	2,873,213	2,809,921
Community Support & Day Services	2,446,539	429,830	2,876,369	3,031,594
Service User Involvement	285,646	50,258	335,904	367,232
	<b>15,804,534</b>	<b>2,776,672</b>	<b>18,581,206</b>	<b>17,675,651</b>

**Allocation of Support Cost**

The Support Costs includes the Operational Office Costs, Finance and central support, Human Resources, Governance and the Chief Executive Office. The basis of cost allocation used is the % direct cost generated by each charitable activity.

	Direct Costs	Operational Support	CEO	HR	Finance & Central Support	Gov. costs	2018 Total	2017 Total
		£	£	£	£	£	£	£
Residential Homes	35.16%	347,157	84,871	146,959	492,528	43,622	1,115,137	910,628
Supported Housing	22.82%	225,316	55,084	95,381	319,667	28,312	723,760	689,628
Advocacy Services	9.30%	91,825	22,449	38,872	130,276	11,538	294,960	245,982
Criminal Justice Services	14.73%	145,439	35,556	61,567	206,340	18,275	467,177	424,429
Community Support & Day services	16.36%	161,533	39,491	68,381	229,174	20,297	518,876	424,978
Service User Involvement	1.63%	16,094	3,935	6,813	22,834	2,022	51,698	49,690
		<b>987,364</b>	<b>241,386</b>	<b>417,973</b>	<b>1,400,819</b>	<b>124,066</b>	<b>3,171,608</b>	<b>2,745,335</b>

**Allocation of Support Cost (2017)**

	Direct Costs	Operational Support	CEO	HR	Finance & Central Support	Gov. costs	2017 Total	2016 Total
		£	£	£	£	£	£	£
Residential Homes	33.17%	344,919	55,147	130,957	357,707	21,898	910,628	930,466
Supported Housing	25.12%	261,211	41,764	99,175	270,895	16,583	689,628	560,981
Advocacy Services	8.96%	93,171	14,897	35,375	96,624	5,915	245,982	226,724
Criminal Justice Services	15.46%	160,761	25,703	61,037	166,722	10,206	424,429	421,134
Community Support & Day services	15.48%	160,969	25,736	61,117	166,937	10,219	424,978	454,241
Service User Involvement	1.81%	18,821	3,009	7,146	19,519	1,195	49,690	55,092
		<b>1,039,852</b>	<b>166,256</b>	<b>394,807</b>	<b>1,078,404</b>	<b>66,016</b>	<b>2,745,335</b>	<b>2,648,638</b>

### 3. RAISING FUNDS

	2018 £	2017 £
Fundraising	35,647	42,833
Publicity	37,715	30,825
Investment Management costs	5,511	21,995
	<b>78,873</b>	<b>95,653</b>

### 4. GOVERNANCE COSTS

Governance costs included in note 2 above are as follows;

	2018 £	2017 £
External Audit	18,780	18,700
Trustees meeting costs	7,645	13,029
Legal & Professional services	37,884	9,154
Staff cost	16,331	13,681
Room Hire and office expenses	13,124	8,918
Trustee recruitment	30,302	5,035
	<b>124,066</b>	<b>68,517</b>

The prior year comparative has been restated to separately disclose room hire and office expenses.

### 5. MOVEMENTS IN FUNDS FOR THE YEAR

	2018 £	2017 £
This is stated after charging:		
Operating lease cost		
Plant and machinery		-
Auditors remuneration	18,780	18,700
Depreciation	133,308	147,751

## 6. STAFF COSTS

	2018	2017
	£	£
<b>Group and charity:</b>		
Wages and salaries	12,107,017	11,972,506
Social security costs	1,057,066	1,036,656
Pension costs	391,066	448,586
	<b>13,555,149</b>	<b>13,457,748</b>

Number of employee within salary range:	2018	2017
£110,001-£120,000	1	1
£80,001-£90,000	0	1
£60,001-£70,000	6	5

The average number of employees, including part time workers, analysed by function, was:

	2018	2017
<b>Group and charity:</b>		
Mental health services	535	549
Management and administration of the charity	37	37
Governance	1	1
	<b>573</b>	<b>587</b>

The total cost of the key management personnel (defined as the Corporate Management Team) was £641,557 (2017:£726,007).

## 7. RELATED PARTY TRANSACTIONS

Seven Trustees were reimbursed travelling expenses during the year amounting to £5,946 (2017: £3,092).

During the year a Trustee of the charity, Alison Faulkner, was paid amounts of £1,500 in respect of consultancy services provided to the charity. (2017: £Nil).

There are no other transactions or balances which require disclosure within the financial statements.

## 8. DONATIONS AND LEGACIES

	2018	2017
Legacies	69,024	52,208
Other Subscriptions & Donations	56,523	55,179
	<b>125,547</b>	<b>107,387</b>

## 9. CHARITABLE ACTIVITIES

	2018 Total £	2017 Total £
Local Authority, Health Authority & NHS Trusts	9,514,291	9,915,180
Charges for accommodation and services	6,672,271	6,063,464
Supporting People	684,408	1,197,094
Spot/Outreach Income	319,851	358,781
Probation Services	594,170	541,920
Lankelly Chase Foundation	165,000	92,701
Barrow Cadbury Trust	32,000	52,000
The Police and Crime Commissioner for South Yorkshire	16,000	28,098
North Yorkshire Police	37,000	-
Rotherham Doncaster and South Humber Mental Health NHS Foundation Trust (RDASH)	-	29,000
Bridge House Grants - City of London	14,000	28,000
London South Bank University	33,333	-
Project service grants	49,052	48,917
	<b>18,131,376</b>	<b>18,355,155</b>

## 10. TANGIBLE FIXED ASSETS (GROUP)

	Freehold Land and Buildings £	Furniture And Equipment £	Total £
<b>Cost:</b>			
At 1 April 2017	10,798,134	319,225	11,117,359
Additions	120,436	343,139	463,575
(Disposals)	(2,578,202)	(21,383)	(2,599,585)
Transfer to 'asset held for sale'	(233,541)	(1,616)	(235,157)
At 31 March 2018	<b>8,106,827</b>	<b>639,365</b>	<b>8,746,192</b>
<b>Depreciation:</b>			
At 1 April 2017	1,310,560	91,373	1,401,933
Charge for the year	108,520	24,788	133,308
(Disposals)	(616,151)	(20,920)	(637,071)
Transfer to 'asset held for sale'	(71,687)	(1,293)	(72,980)
At 31 March 2018	<b>731,242</b>	<b>93,948</b>	<b>825,190</b>
<b>Net book value at 31 March 2018</b>	<b>7,375,585</b>	<b>545,417</b>	<b>7,921,002</b>
<b>Net book value at 31 March 2017</b>	<b>9,487,574</b>	<b>227,852</b>	<b>9,715,426</b>

**10. TANGIBLE FIXED ASSETS (CHARITY)**

	<b>Freehold Land and Buildings £</b>	<b>Furniture And Equipment £</b>	<b>Total £</b>
<b>Cost:</b>			
At 1 April 2017	10,811,416	319,225	11,130,641
Additions	120,436	343,139	463,575
(Disposals)	(2,578,202)	(21,383)	(2,599,585)
Transfer to 'asset held for sale'	(233,541)	(1,616)	(235,157)
At 31 March 2018	<b>8,120,109</b>	<b>639,365</b>	<b>8,759,474</b>
<b>Depreciation:</b>			
At 1 April 2017	1,310,560	91,373	1,401,933
Charge for the year	108,520	24,788	133,308
(Disposals)	(616,151)	(20,920)	(637,071)
Transfer to 'asset held for sale'	(71,687)	(1,293)	(72,980)
At 31 March 2018	<b>731,242</b>	<b>93,948</b>	<b>825,190</b>
<b>Net book value at 31 March 2018</b>	<b>7,388,867</b>	<b>545,417</b>	<b>7,934,284</b>
<b>Net book value at 31 March 2017</b>	<b>9,500,856</b>	<b>227,852</b>	<b>9,728,708</b>

**11. INVESTMENTS (GROUP AND CHARITY)**

	<b>2018 £</b>	<b>2017 £</b>
<b>Listed investments, at market value</b>		
At 1 April 2017	2,309,598	2,089,003
Disposal proceeds	(11,365)	-
Net investments (losses)/gains	(22,171)	220,595
<b>Total Investments</b>	<b>2,276,062</b>	<b>2,309,598</b>
Cash holdings	642	15
<b>At 31 March 2018</b>	<b>2,276,704</b>	<b>2,309,613</b>
<b>Historical cost at 31 March 2017</b>	<b>1,872,292</b>	<b>1,880,786</b>

The charity owns all the issued share capital of 10 ordinary shares in Together Trading Limited valued at £10. See note 19.

All equities are held in the UBS Resolution Fund UK Income Focus.

**12. INVESTMENT PROPERTY / ASSETS HELD FOR SALE (GROUP AND CHARITY)**

	2018 £	2017 £
Value at 1 April 2017	1,750,000	1,685,967
Net Book Value transferred (see note 10)	162,177	-
Costs of maintaining properties held for sale	31,195	101,552
Revaluation gain/(loss)	144,823	400,201
Gain on disposal in the year	23,805	512,280
Disposal Proceeds	<u>(1,805,000)</u>	<u>(950,000)</u>
Value at 31 March 2018	<b>307,000</b>	<b>1,750,000</b>

The property was disposed of on the 4th April 2018. The sale was not unconditional until after 31<sup>st</sup> March 2018.

**12a. GAIN ON DISPOSAL OF ASSETS (GROUP AND CHARITY)**

	2018 £	2017 £
Value at 1 April 2017	(1,750,000)	-
Net Book Value transferred (see note 10)	(1,962,515)	-
Costs of maintaining properties held for sale	(164,096)	-
Disposal Proceeds	<u>8,905,000</u>	<u>-</u>
Gain on disposal in the year	<b>5,028,389</b>	<b>-</b>

**13. DEBTORS**

	2018 GROUP £	2018 CHARITY £	2017 GROUP £	2017 CHARITY £
Trade debtors	734,471	734,357	1,327,507	1,323,518
Owed by subsidiary company	-	790	-	-
Prepayments and accrued income	340,363	340,363	404,933	404,933
	<b>1,074,834</b>	<b>1,075,510</b>	<b>1,732,440</b>	<b>1,728,451</b>

**14. CREDITORS – AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2018 GROUP £	2018 CHARITY £	2017 GROUP £	2017 CHARITY £
Accruals	878,609	878,609	793,556	793,556
Trade creditors	366,506	365,426	475,797	451,537
Owed to subsidiary company	-	-	-	19,233
Other creditors including taxes and social security costs	350,685	350,685	362,064	362,064
Deferred Income	298,518	298,518	477,930	477,930
Bank Loans (see below)	-	-	210,605	210,605
	<b>1,893,238</b>	<b>1,893,238</b>	<b>2,319,952</b>	<b>2,314,925</b>

Other creditors include £269,967.89 for PAYE and National Insurance contributions (2017: £261,266).

Deferred income reconciliation	£
Opening balance as at 1.4.17	477,930
Add income deferred as at 31.3.18	<u>142,789</u>
	620,719
Less 2016/17 deferred income released during the year	<u>(322,201)</u>
Closing balance as at 31.3.18	<u>298,518</u>

**15a. UNRESTRICTED FUNDS – GROUP**

	1 April 2017 £	Income £	Revaluations £	Transfers £	Expenditure £	31 March 2018 £
Project Designated funds	322,991	90,223	-	-	(223,452)	189,762
Fixed asset reserve	7,772,201	-	-	(1,834,359)	-	5,937,842
Pension Potential Liability	159,476	-	-	915,524	-	1,075,000
<b>Total Designated funds</b>	<b>8,254,668</b>	<b>90,223</b>	<b>-</b>	<b>(918,835)</b>	<b>(223,452)</b>	<b>7,202,604</b>
General Fund	3,758,528	17,968,175	5,151,041	918,835	(18,940,360)	3,758,528
	<b>12,013,196</b>	<b>18,058,398</b>	<b>5,151,041</b>	<b>-</b>	<b>(19,163,812)</b>	<b>16,058,823</b>

**15a.UNRESTRICTED FUNDS – GROUP (2017)**

	1 April 2016	Income	Revaluations	Transfers	Expenditure	31 March 2017
	£	£	£	£	£	£
Project Designated funds	351,488	108,785	-	-	(137,282)	322,991
Fixed asset reserve	6,327,239	-	-	1,444,962	-	7,772,201
Pension Potential Liability	159,476	-	-	-	-	159,476
<b>Total Designated funds</b>	<b>6,838,203</b>	<b>108,785</b>	<b>-</b>	<b>1,444,962</b>	<b>(137,282)</b>	<b>8,254,668</b>
General Fund	3,967,646	18,295,355	1,133,076	(1,444,962)	(18,192,587)	3,758,528
	<b>10,805,849</b>	<b>18,404,140</b>	<b>1,133,076</b>	<b>-</b>	<b>(18,329,869)</b>	<b>12,013,196</b>

**15b.UNRESTRICTED FUNDS – CHARITY**

	1 April 2017	Income	Revaluations	Transfers	Expenditure	31 March 2018
	£	£	£	£	£	£
Project Designated funds	322,991	90,223	-	-	(223,452)	189,762
Fixed asset reserve	7,786,308	-	-	(1,835,184)	-	5,951,124
Pension Potential Liability	159,476	-	-	915,524	-	1,075,000
<b>Total Designated funds</b>	<b>8,268,775</b>	<b>90,223</b>	<b>-</b>	<b>(919,660)</b>	<b>(223,452)</b>	<b>7,215,886</b>
General Fund	3,757,693	17,968,175	5,151,041	919,660	(18,940,360)	8,856,209
	<b>12,026,428</b>	<b>18,058,398</b>	<b>5,151,041</b>	<b>-</b>	<b>(19,163,812)</b>	<b>16,072,095</b>

**15b.UNRESTRICTED FUNDS – CHARITY (2017)**

	1 April 2016	Income	Revaluations	Transfers	Expenditure	31 March 2017
	£	£	£	£	£	£
Project Designated funds	351,488	108,785	-	-	(137,282)	322,991
Fixed asset reserve	6,327,239	-	-	1,459,069	-	7,786,308
Pension Potential Liability	159,476	-	-	-	-	159,476
<b>Total Designated funds</b>	<b>6,838,203</b>	<b>108,785</b>	<b>-</b>	<b>1,459,069</b>	<b>(137,282)</b>	<b>8,268,775</b>
General Fund	3,967,636	18,309,462	1,133,076	(1,459,069)	(18,192,587)	3,758,518
	<b>10,805,839</b>	<b>18,418,247</b>	<b>1,133,076</b>	<b>-</b>	<b>(18,329,869)</b>	<b>12,027,293</b>

Project Designated funds are specific amounts set aside at 5 projects for future repairs and training programmes.

Fixed Asset Reserve represents the total net book value of unrestricted assets held by the charity.

Pension Potential Liability: this fund has been set aside to cover any potential liability arising in the pension scheme.

**16.RESTRICTED FUNDS**

	Balance at 1 April 2017 £	Movements in income £	Transfers and expenditure £	Balance at 31 March 2018 £
Green Lane Grant	569,080	-	(6,085)	562,995
Hopewell House	702,740	-	(8,630)	694,110
Snowdon	507,370	-	(6,315)	501,055
Carisbrooke (SRB) Grant	163,210	-	61,790	225,000
Project Services Grants:	57,937	73,692	(72,462)	59,167
Bromley Trust	47,375	-	-	47,375
Lankelly Chase Foundation	20,839	165,000	(157,592)	28,247
NHS Commissioning Board	95,704	-	(12,712)	82,992
CAF America - Butler Family fund	1,652	-	-	1,652
Barrow & Cadbury Trust	-	32,000	(32,000)	-
The Police & Crime Commissioner for South Yorkshire	7,053	16,000	(23,053)	-
Rotherham Doncaster and South Humber Mental Health NHS	20,000	-	(20,000)	-
Mayor of Winchester	9,637	-	(3,176)	6,461
North Yorkshire Police	-	37,000	(37,000)	-
Bridge House Grants – City of London	14,330	14,000	(10,380)	17,950
London South Bank University	-	33,333	(33,333)	-
	<b>2,216,927</b>	<b>371,025</b>	<b>(360,948)</b>	<b>2,227,004</b>

Carisbrooke (SRB) Grant, Green Lane, Hopewell House, Snowdon properties; these funds match the contingent liability for the repayment of grants used to purchase property (see note 20).

Project Service Grants: Various donations for the provision of client services.

**16.RESTRICTED FUNDS (2017)**

	Balance at 1 April 2016 £	Movements in income £	Transfers and expenditure £	Balance at 31 March 2017 £
Green Lane Grant	575,165	-	(6,085)	569,080
Hopewell House	711,370	-	(8,630)	702,740
Snowdon	513,685	-	(6,315)	507,370
Carisbrooke (SRB) Grant	165,924	-	(2,714)	163,210
Project Services Grants:	42,228	70,450	(54,741)	57,937
Bromley Trust	47,375	-	-	47,375
Lankelly Chase Foundation	3,285	92,701	(75,147)	20,839
NHS Commissioning Board	95,704	-	-	95,704
CAF America - Butler Family fund	1,652	-	-	1,652
Barrow & Cadbury Trust	8,109	52,000	(60,109)	-
The Police & Crime Commissioner for South Yorkshire	520	28,098	(21,565)	7,053
Rotherham Doncaster and South Humber Mental Health NHS	-	29,000	(9,000)	20,000
Mayor of Winchester	9,637	-	-	9,637
Police Innovation Fund	62,014	-	(62,014)	-
City of York Council	10,000	-	(10,000)	-
Police Headquarter	17,000	-	(17,000)	-
Bridge House Grants - City of London	-	28,000	(13,670)	14,330
	<b>2,263,668</b>	<b>300,249</b>	<b>(346,990)</b>	<b>2,216,927</b>

Carisbrooke (SRB) Grant, Green lane, Hopewell House, Snowdon properties: these funds match the contingent liability for the repayment of grants used to purchase property (see note 21).

Project Services Grants: Various donations for the provision of client services.

**17. PENSION SCHEME**

On 1<sup>st</sup> October 2011, Together introduced a group personal pension scheme available to all staff. Contributions are charged to expenditure in the accounting period in which they are payable. Contributions in the period were £391,066 (2017 £412,609).

Prior to 1<sup>st</sup> October 2011, the organisation contributed to a UK-based defined benefit scheme, called The Together: Working for Wellbeing Pension scheme. The Scheme is administered by First Actuarial LLP. The scheme was closed to new accruals on 30<sup>th</sup> September 2011.

The defined benefit scheme (now closed) provides benefits at retirement based on final pensionable pay for its deferred members. The scheme is funded by the assets being held by Trustees of the scheme separately from the assets of the organisation.

The latest triannual valuation of the scheme was carried out in 2017 and showed the market value of the scheme's assets to be £14,921,000 being sufficient to cover 112% of the benefits accrued to members.

The benefit structure has not changed since the valuation, but the organisation reached a decision to cease funding for discretionary pension increases.

**Scheme assets and liabilities recognised in the balance sheet**

The fair value of the scheme's assets, which are not intended to be realised in the short-term and may be subject to significant change, and the present value of the scheme's liabilities, which are derived from the cash flow projections over long periods and are thus inherently uncertain, were:

	<b>2018</b>	<b>2017</b>
	<b>Value</b>	<b>Value</b>
	<b>£000</b>	<b>£000</b>
DGFs	5,075	8,832
Other	626	1,077
LDI Pooled Funds	<u>8,899</u>	<u>5,058</u>
<b>Present value of plan assets</b>	<b>14,600</b>	<b>14,967</b>
 <b>Present value of scheme liability</b>	 <b>(14,173)</b>	 <b>(14,279)</b>
 <b>Irrecoverable surplus</b>	 <u><b>(427)</b></u>	 <u><b>(688)</b></u>
<b>Net present value of scheme assets/(liabilities)</b>	<u><b>-</b></u>	<u><b>-</b></u>

**Amounts recognised in Other Comprehensive Income**

	<b>2018</b>	<b>2017</b>
	<b>£000</b>	<b>£000</b>
Actuarial gains/(losses) on defined benefit obligation	70	(1,643)
Actuarial return on scheme assets less interest income	(296)	1,757
Limit on recognition of assets less interest	261	(188)
<b>Amounts recognised in Other Comprehensive Income</b>	<b>35</b>	<b>(74)</b>

**Amount charged/(credited) to P&L in Other Comprehensive Income**

	<b>2018</b>	<b>2017</b>
	<b>£000</b>	<b>£000</b>
Administration expenses	(135)	(135)
Gain on settlements	-	47
Net interest	-	-
<b>Amount recognised in profit and loss (P&amp;L)</b>	<b>(135)</b>	<b>(88)</b>

**Changes in present value of the defined benefit obligation are as follows:**

	<b>2018</b>	<b>2017</b>
	<b>£000</b>	<b>£000</b>
Opening defined benefit obligations	14,279	12,827
Interest on obligations	366	424
Actuarial losses (gains)	(70)	1,643
Settlements	-	(189)
Benefits paid	(402)	(426)
<b>Closing defined benefit obligation</b>	<b>14,173</b>	<b>14,279</b>

**Changes in fair value plan assets are as follows:**

	<b>2018</b>	<b>2017</b>
	<b>£000</b>	<b>£000</b>
Opening fair value of plan assets	14,967	13,327
AVC assets incorrectly included	-	-
<i>Interest income</i>	366	424
<i>Actual return on scheme assets less interest income</i>	(296)	1,757
Contributions	100	100
<i>Administration expenses</i>	(135)	(109)
<i>Settlements</i>	-	(142)
Benefits paid	(402)	(402)
Closing fair value of plan assets	<b>14,600</b>	<b>14,955</b>

The Organisation expects to contribute £100,000 to this defined benefit pension plan in the year to 31 March 2018 to cover its administration cost.

**Movements in scheme's surplus/(deficit) in the year**

	<b>2018</b>	<b>2017</b>
	<b>£000</b>	<b>£000</b>
(Deficit)/Surplus at the start of the year	-	-
Contributions	100	136
Administration Expenses	(135)	(109)
Gain on Settlements	-	47
Actuarial gain/(loss)	35	(74)
	<b>-</b>	<b>-</b>

**The major categories of plan assets as a percentage of total plan assets are as follows:**

	<b>2018</b>	<b>2018</b>	<b>2017</b>	<b>2017</b>
	<b>£000</b>	<b>proportion at 31-Mar-18</b>	<b>£000</b>	<b>proportion at 31-Mar-17</b>
DGFs	5,075	35%	8,832	59%
LDI Pooled Funds	8,899	61%	5,058	34%
Cash	626	4%	1,077	7%
<b>Total</b>	<b>14,600</b>		<b>14,967</b>	

### Actuarial assumptions used

A qualified independent actuary has updated the results of the last actuarial valuation of the scheme (as at 31 March 2017) to 31 March 2018; the major assumptions used by the actuary were as follows:

	2018	2017
	%	%
Discount rate	2.6	2.6
Retail price inflation	3.2	3.4
Consumer Price inflation	2.2	2.4
Salary increase rate	3.2	3.0
Pension increase (at limited price indexation)		
- LPI maximum 5%	2.1	2.3
- LPI minimum 2.5%	1.9	1.9
Deferred pension revaluation	3.0	3.0

### Mortality Assumption

Mortality follows the standard table known as S2PA with mortality improvements in line with the CMI 2017 [1.25%] model. The mortality assumption for the previous year follows the standard table known as S2PA with mortality improvements in line with the CMI 2016 [1.25%] model.

The life expectancy used as a basis for our mortality assumption following FRS 102 recommendations is:- assuming retirement at age 60, life expectancy in years are as follows:

	at 31 March 2018	Restated at 31 March 2017
For a male aged 60 now	26.6	26.7
At 60 for a male member aged 40 now	28.1	28.3
For a female aged 60 now	28.6	28.6
At 60 for a female member aged 40 now	30.2	30.3

## 18. OBLIGATIONS UNDER OPERATING LEASES

There are no obligations under operating leases.

## 19. SUBSIDIARY COMPANY

### Together Trading Limited

The wholly owned trading subsidiary was incorporated in the United Kingdom in 1999 (Registered number 03775152). The company manages building contracts on behalf of Together. Together owns all the issued share capital of 10 ordinary shares.

All turnover of the charity's wholly owned subsidiary, Together Trading Limited, represents sales of building construction to Together. A summary of the trading results is shown below:

**Summary profit and loss account****Year ended 31 March 2018**

	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Turnover	883	25,300
Less: cost of sales and admin expenses	(883)	(12,017)
Amount gift aided to the charity	-	(13,283)
Retained profit/(loss) for the year	-	-

**The assets and liabilities of the subsidiary were**

	<b>£</b>	<b>£</b>
Current assets	685	24,270
Less current liabilities	(675)	(24,260)
Total net assets	10	10

**Aggregate share capital and P&L reserves**

Profit & Loss	-	-
Capital	10	10
	10	10

**20. CONTINGENT LIABILITY**

Carisbrooke House was financed by a grant of £225k received from the Single Regeneration Body (SRB) that is repayable upon Together disposing of the property or not using the property as agreed by the SRB.

Surrey CCG provided 3 properties valued at a total of £2,300,000 for the set-up of services at Green Lane, Hopewell House and Snowdon. The properties will be surrendered if Together ceases to use them for the purpose for which they were donated.

The Trustees have agreed to establish a charge over 31 York Road, Sutton, Surrey SM2 6HL to provide cover for any potential deficit in the pension scheme.

**21. ANALYSIS OF NET ASSETS BETWEEN FUNDS (GROUP)**

	<b>General fund</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Fixed assets	2,276,704	5,937,842	1,983,160	10,197,106
Cash at bank and in hand	7,090,919	1,264,762	243,844	8,599,825
Other net current liabilities	(511,404)	-	-	(511,404)
Creditors of more than one year	-	-	-	-
	<b>8,856,219</b>	<b>7,202,604</b>	<b>2,227,004</b>	<b>18,285,827</b>

**21. ANALYSIS OF NET ASSETS BETWEEN FUNDS (2017)**

	General fund	Designated funds	Restricted funds	Total funds
	£	£	£	£
Fixed assets	2,309,613	7,773,026	1,942,400	12,025,039
Cash at bank and in hand	285,602	482,467	274,527	1,042,596
Other net current assets	1,162,488	-	-	1,162,488
Creditors of more than one year	-	-	-	-
	<b>3,757,703</b>	<b>8,255,493</b>	<b>2,216,927</b>	<b>14,230,123</b>

**22. POST BALANCE SHEET EVENTS**

Following the year end the charity completed a purchase of new office premises at Walnut Tree Walk, London. The total purchase price was £4.68m.

**23. COMPARATIVE CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES (2017)**

	2017 Unrestricted & Designated Funds £	2017 Restricted Funds £	2017 Total £
<b>Income from:</b>			
Donations and legacies	85,854	21,533	107,387
Charitable activities	18,076,439	278,716	18,355,155
Investments	98,912		98,912
Other	142,935		142,935
<b>Total Income</b>	<b>18,404,140</b>	<b>300,249</b>	<b>18,704,389</b>
<b>Expenditure on:</b>			
Raising Funds	95,653	-	95,653
Charitable Activities	18,234,216	346,990	18,581,206
<b>Total Expenditure</b>	<b>18,329,869</b>	<b>346,990</b>	<b>18,676,859</b>

<b>Net Income/(Expenditure) prior to net gains/(losses) on investments</b>	<b>74,271</b>	<b>(46,741)</b>	<b>27,530</b>
Net gains/(losses) on investments	220,595		220,595
<b>Net income/(expenditure)</b>	<b>294,866</b>	<b>(46,741)</b>	<b>248,125</b>
<b>Other recognised gains and losses</b>			
Net gains/(losses) on revaluation of assets held for sale	912,481		912,481
<b>Net Movement in Funds</b>	<b>1,207,347</b>	<b>(46,741)</b>	<b>1,160,606</b>