





INDEPENDENT MENTAL HEALTH ADVOCATE EASY-READ GUIDE

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What is a Care Act Advocate?

<p>Our Advocate is called an Independent Care Act Advocate</p>																							
<p>Your Advocate will help you to be involved in the decision about what care and support you need.</p>																							
<p>They do that with Care Assessments</p>	 <table border="1"> <thead> <tr> <th colspan="2">Needs</th> </tr> </thead> <tbody> <tr> <td>1</td> <td><input checked="" type="checkbox"/></td> <td>6</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>2</td> <td><input checked="" type="checkbox"/></td> <td>7</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>3</td> <td><input type="checkbox"/></td> <td>8</td> <td><input checked="" type="checkbox"/></td> </tr> <tr> <td>4</td> <td><input checked="" type="checkbox"/></td> <td>9</td> <td><input type="checkbox"/></td> </tr> <tr> <td>5</td> <td><input checked="" type="checkbox"/></td> <td>10</td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Needs		1	<input checked="" type="checkbox"/>	6	<input checked="" type="checkbox"/>	2	<input checked="" type="checkbox"/>	7	<input checked="" type="checkbox"/>	3	<input type="checkbox"/>	8	<input checked="" type="checkbox"/>	4	<input checked="" type="checkbox"/>	9	<input type="checkbox"/>	5	<input checked="" type="checkbox"/>	10	<input checked="" type="checkbox"/>
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<p>They also use a Care Plan</p>																							

With Safeguarding (This is when someone feels you need to be kept safe from harm)



And a Care Review



The Advocate will help you to tell others what you do want and what you don't want.



The Care Act Advocate will represent your rights

