



# PARENT ADVOCACY EASY-READ GUIDE

Together for Mental Wellbeing  
52 Walnut Tree Walk  
London SE11 6DN  
Tel: 020 7780 7300  
[www.together-uk.org](http://www.together-uk.org)



## What is Parent Advocacy?

When you are being assessed by Children's Services, you may feel you need help to understand what is being said to you.



You may feel that no one is listening to you.



An advocate is independent. The advocate will work alongside you to help you to understand the investigation process.



Confidentiality:

- Advocates won't tell anyone what has been talked about unless you:



- Give the advocate permission or consent



- You have told us you intend to hurt yourself or others.



- Have done something that breaks the law



Advocates do these things:

- Listen to you
- Get to know you



Advocates don't do these things:

- Tell you what to do
- Take other people's side



The Independent Advocate will sit with you at important meetings.



You can contact your advocate by telephone to talk about anything that is connected to the investigation.

